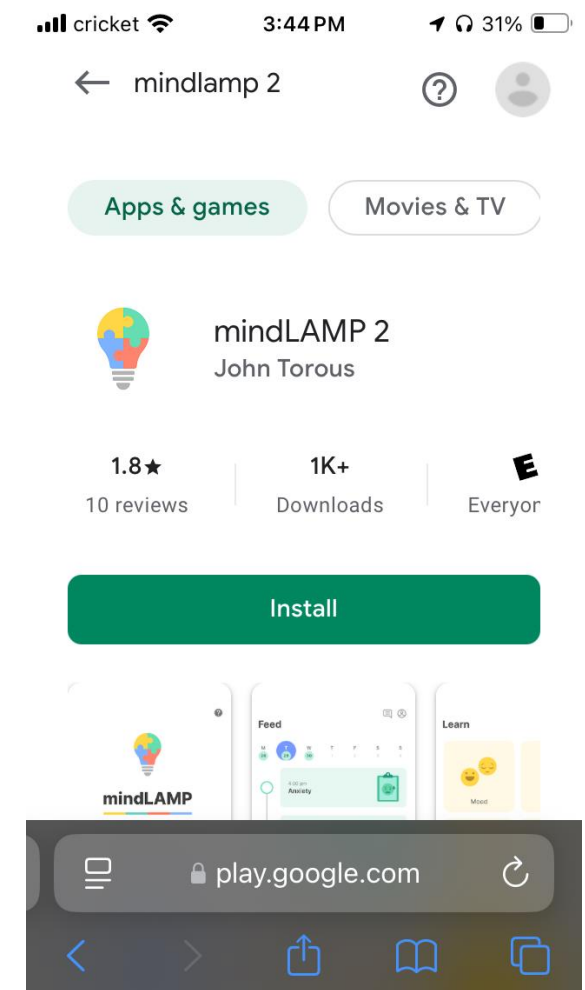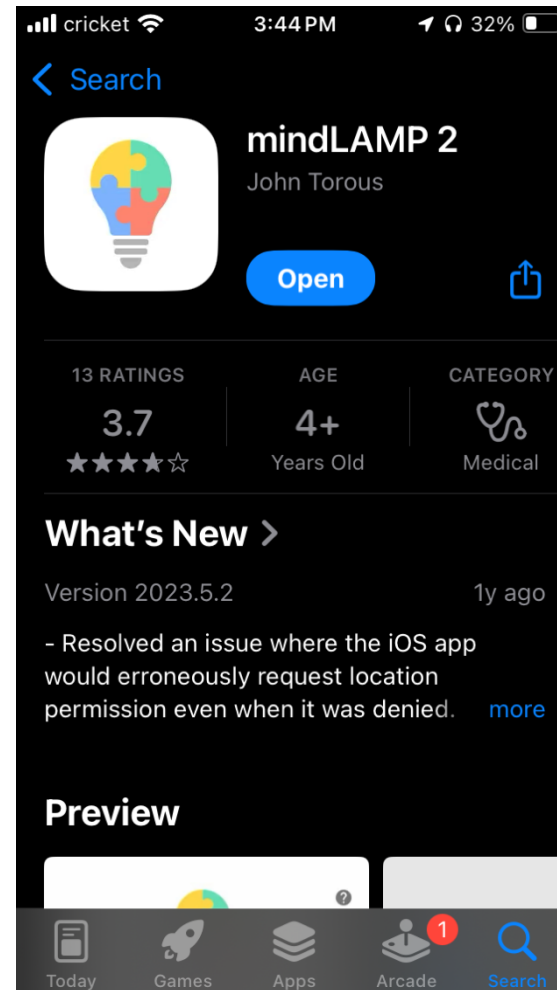# MindLAMP App Instructions

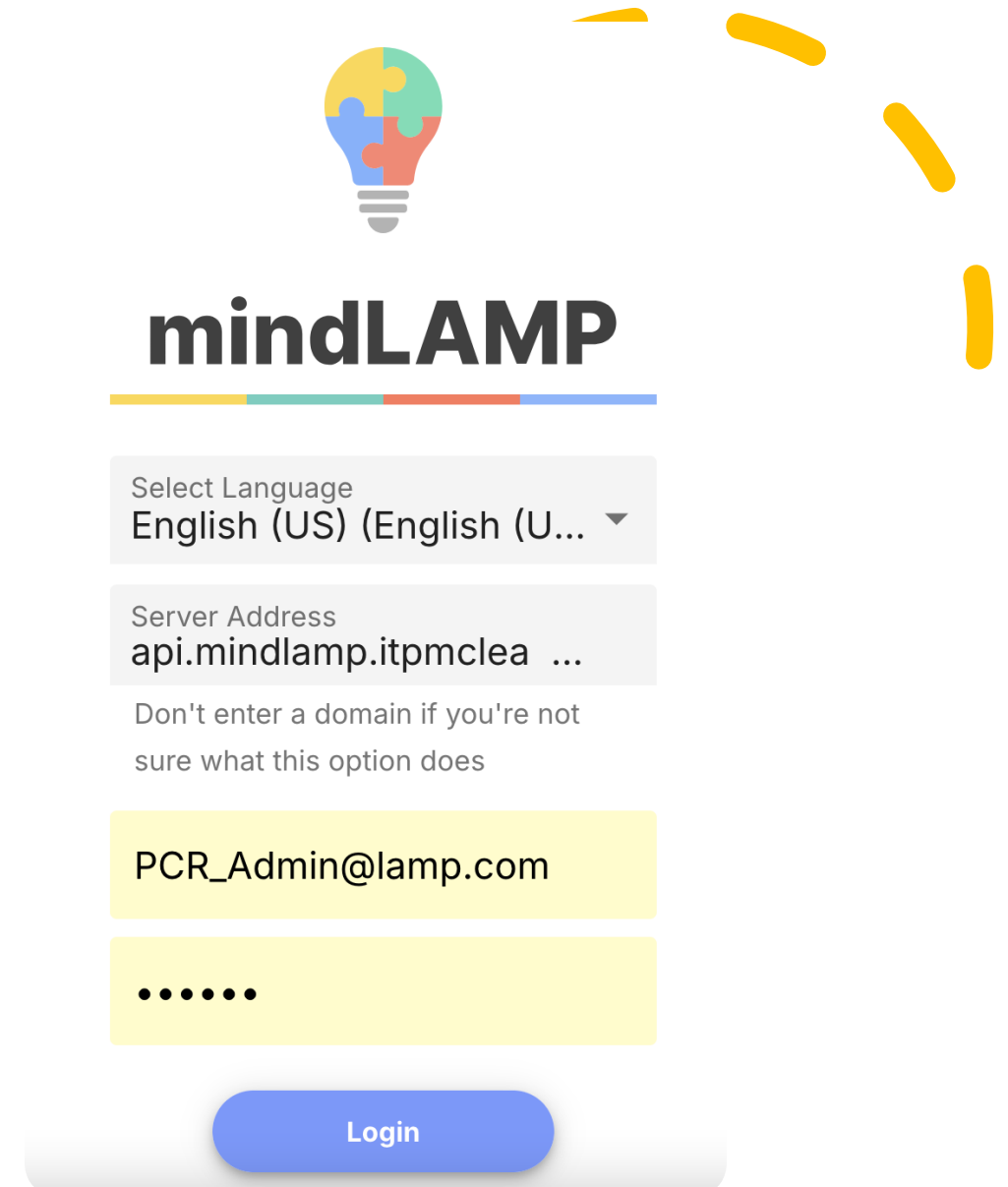## For Participants

Download

- Download mindLAMP 2 app on the app store

- Then <u>click on the sign-in link from the email</u>
  - Or go to next slide to see sign-in instructions

Step 1

- Open app

- Enter in server address*
  api.mindlamp.itpmclean.org

  *This is NOT one of the dropdown options, you must type it in

- Enter in username and password, given to you by the study staff. Something like:

  - Username: qualr200@lamp.com
  - Password: Xt30fw

Update Settings: iOS

- Set Location Services to "Always" on their phone settings

- Ensure that notifications and GPS location tracking are enabled.
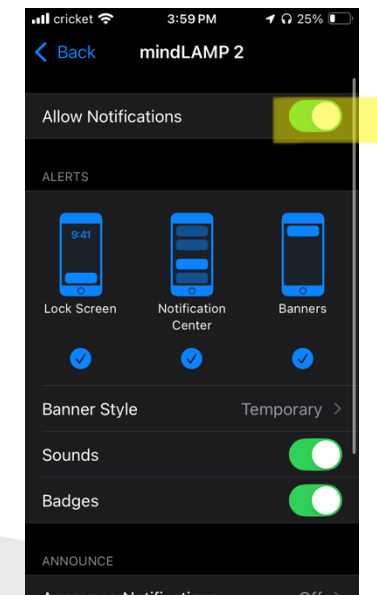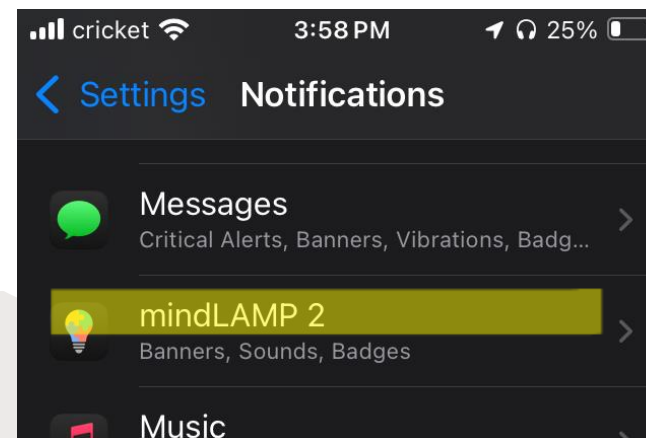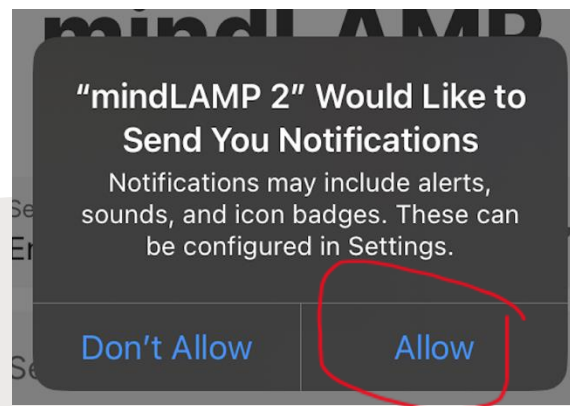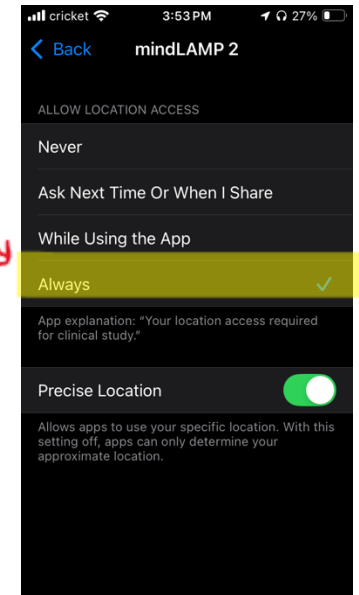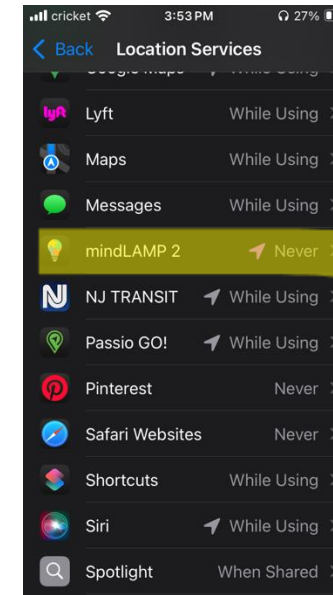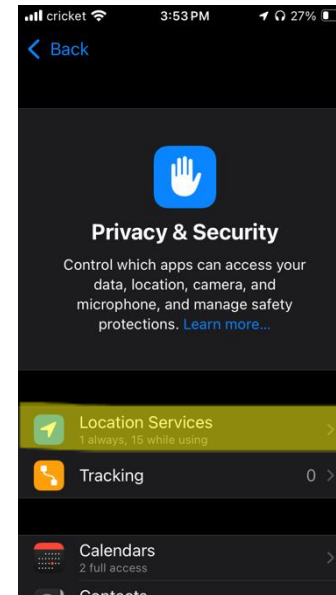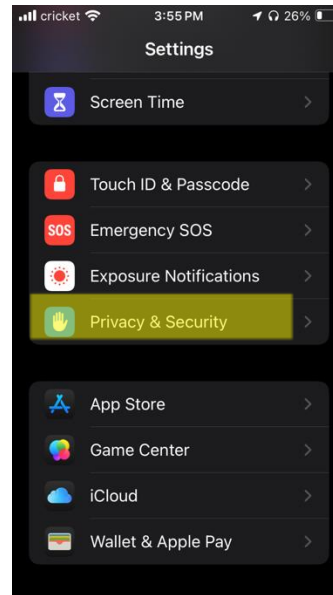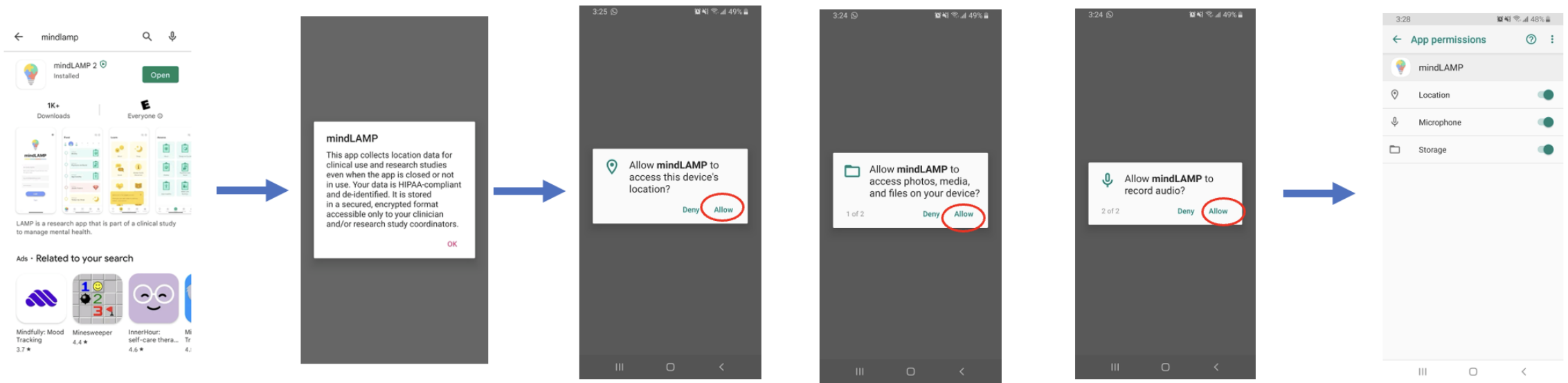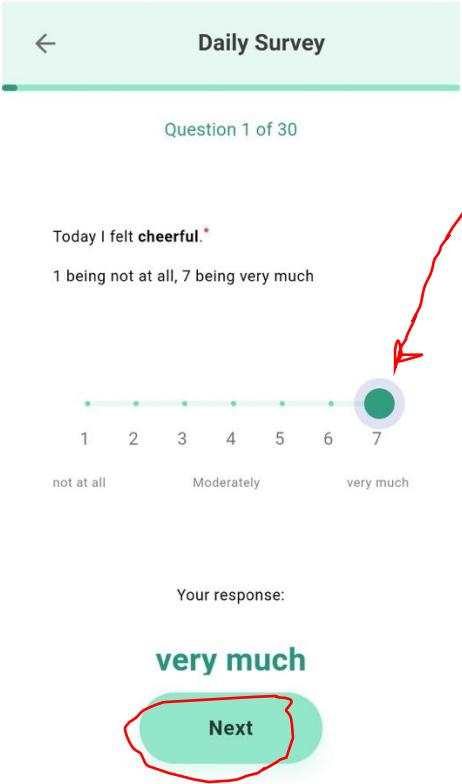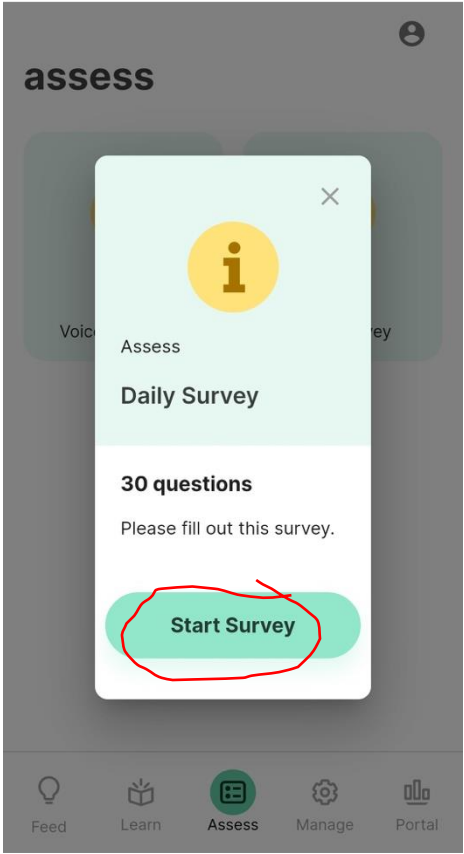
Update Settings: Android

- Set Location Services to "Always" on their phone settings

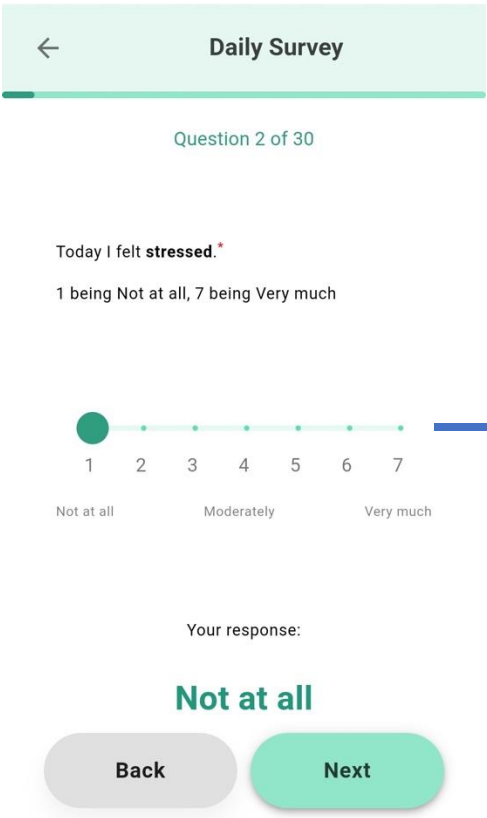- Ensure that notifications and GPS location tracking are enabled.

App Instructions

MindLAMP App Flow

Use slider to indicate your answer to the question

Then select "Next"